

OLD ALBANIANS 948 Sports Foundation

The Club have recently applied for and been awarded a grant of £795 from the Old Albanians 948 Sports Foundation to purchase a Shark Eye underwater video unit and ancillary equipment.



This is part of the clubs move to becoming more high tech and offering our swimmers something that other clubs in the area at present cannot. This is an ongoing process and as we identify other equipment which we believe will help the swimmers we will pursue it's purchase.

We believe we can make big increases in performance by correcting what is happening below the surface and this camera is an essential part of that process.

The camera is currently being used by the coaches at the Monday evening sessions to watch the swimmers strokes underwater so they will be able to correct technique.

Once we are more familiar with the system, we will be using it at other sessions as well so that as many of the club's members as possible will be able to benefit from it.

Below is an image from one of our sessions

