



# NEWSLETTER 6 May 2006

## **Dates for your Diary**

Peanut league Galas

Sat., 17<sup>th</sup> June 2006

Sat., 1<sup>st</sup> July 2006

Club Galas

Sat., 15<sup>th</sup> July 2006

## **Success in the Bagcats**

10 swimmers entered the Herts. ASA championships and BAGCATs this year, gaining 12 medals in total, many more than some much larger clubs.

Special congratulations to Flora for winning 5 gold medals and coming 3<sup>rd</sup> overall in her age group.

Other BAGCAT swimmers were: Abby Smith; Alex Revell; Harriet Cook; JJ Dixon; Edward Cook; Martin Roberts; James Harper; Duncan Nicoll and Morgan Pugh.

## **Biggleswade Open Meet**

13 swimmers entered gaining 10 medals including Alex Revel 1 gold and Morgan Pugh 2 gold medals. Our success goes from strength to strength.

## **Eastern Region Biathlon.**

Our boy's team came first with Sam Stratford coming 1<sup>st</sup> and Duncan Nichol 3<sup>rd</sup>.

## **National Biathlon @ Manchester**

(50m pool and Commonwealth Game warm-up track). Sam Stratford 17<sup>th</sup>, Duncan Nicholl 40<sup>th</sup>, Amy Thompson 43<sup>rd</sup>, Izzy Thompson 50<sup>th</sup>.

## **Peanut Easter camp.**

Easter camp for the peanut age group was held at Aldwickbury School. All the children worked very

hard, swimming 4 hours a day, with land training for 1 hour.

Barbara was very pleased with everybody's progress.

## **Bath Swim Camp.**

On the 13<sup>th</sup> February to the 18<sup>th</sup> February 15 swimmers went to Bath University's Sports village. After swimming 4 hours and 1-hour land training each day, everybody was worn out by the end of the week. Swimming in a 50-meter pool and spotting Darren Mew training in the same pool as us were some of the highlights. The facilities at the University were very impressive and to top it all we managed to arrange a master class with 2 world-renowned coaches Kim Swanick and Mark Skimming, which was excellent. *Flora*

## **Major League**

Congratulations to all team members who swam so well in the major league galas. Harpenden swimming club gained 2<sup>nd</sup> place in Division II and move up to division 1 next year.

## **Voice mail/mobile phone**

The HSC mobile phone number is 07767683956. Please leave a message and we'll get back to you.

## **Top Female Coach in Hertfordshire**

Congratulations to Barbara for winning the prestigious award of "Top Female Coach in Hertfordshire". Her hard work has paid off with more and more success in all galas.

## **1<sup>st</sup> Peanut gala held 13<sup>th</sup> May 2006**

Congratulations to the brilliant team that won this exciting gala. We are now in a very good position for the next galas as these points are carried forward.

It is very important to be available to swim if you are chosen for the team. We really want to continue this success.

## **Club Gala**

This is to be held at the Harpenden pool on July 15<sup>th</sup>. It is a chance for club members to swim against each other for medals and trophies. We shall be holding a raffle to raise money to buy equipment for the club.

If any body has suitable raffle prizes please leave them at the desk with Jean or Linda.

## **East Region**

Well done to Flora and Morgan for qualifying for this event, to take place in June. Good luck to them both.

### **Emergency Contact Numbers**

*HSC mobile 07767 683956;*

*Sally 01582 762805; and*

*Linda 01582 715020.*

Articles for the next newsletter - contact

*Marion Roberts 01582 713590*

[Marion.Roberts@btinternet.com](mailto:Marion.Roberts@btinternet.com)

## **Equipment**

We now have a supply of Club merchandise:

Bag £7.00; Polo Shirt £12.00; Hoodies £20.00

These come with your initials on them (except the bag). They can be ordered from

Mr/Mrs Harper 461623.